

Annual Report Masters of LATVIA 2022

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Short Bio

- WMA National director of LATVIA since 2021
- Head of Cross-country and Roller Skiing in Latvia
- FIS TD since 2015
- former Cross-country skiing athlete



National Championship

• 3 stages in winter with Masters Categories

• Age categories Under 40 / 50 / 60 – 37 masters

 5 races - Short and Medium distance in C and F, Relay and Mass start C

• Prefer Free technique

- 2 stages in summer Rollerskiing with Masters categories
- Age categories Under 40 / 50 10 masters
- 3 races short distance in C and F, Duathlon (trail run + rollerskiing)







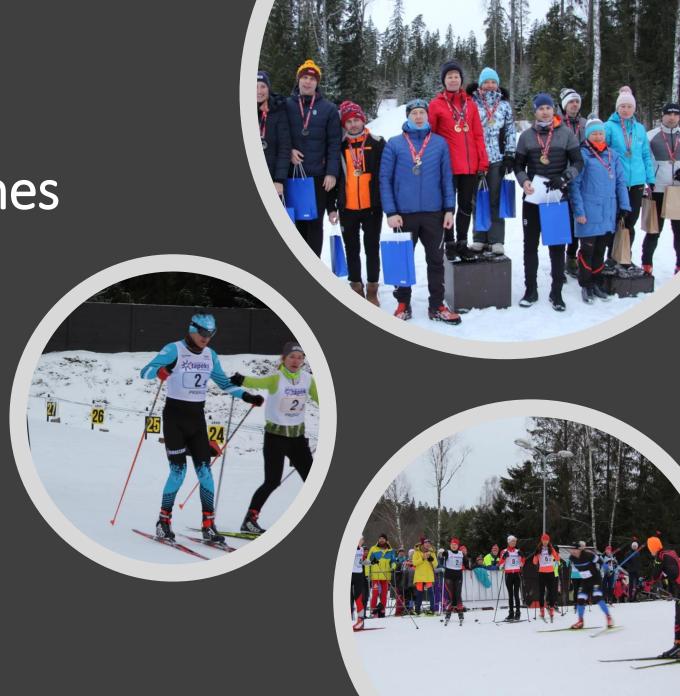
Latloppet series

- 3 stages in winter with Masters Categories
- Under 35 / 45 / 55 73 masters
- 3 races all Mass start C
- One of the events in VISMA Ski Classic calendar
- Training ski series in winter and rollerski series during the summer

National Masters Games

Organized by Latvian Sports Masters Union

- Competition between Municipalities
- Cross-country skiing as 1 of the events
- Categories from age 30 up to 90 (by 5 years)
- 149 Masters, not all are Active or Recreational skiers





Other Popular Skiing events

- The biggest "Apkārt Alaukstam"
- Old traditions
- 44 km / 22 km / 7 km distances in Free technique
- Above 200 participants in Masters categories
- For some it's the only time on skis during the winter

Best skiing facility
Madona "Smeceres Sils"

About 40 km of prepared tracks during good winter

- Hosts of the top level level winter events
- Season 2023 European Cup and World Junior Championship in Ski Orienteering, European Junior Championship in Biathlon, Scandinavian Cup
- Snow depot for season 2023









Want to acquire some cool trophy?

Race in LATVIA

Thank You for the attention!



