THE WORLD MASTERS CROSS-COUNTRY SKI ASSOCIATION NATIONAL DIRECTOR FOR DENMARK ARNE STONOR SJØSETERVEGEN 28, N-2618 LILLEHAMMER, NORWAY Mobil: +47 92249506, E-mail: <u>a-stono@online.no</u> HOMESITE: www.arne-stonor.dk/masters_d.htm

THE DANISH MASTERS SEASON IN CROSS-COUNTRY SKIING 2022 - 2023

Last winter, the Danish cross-country championships was held in Ulricehamn, Sweden, in the period February 2 to 5.

The total number of participants was 156.

There was a 10-year class division.

Participants: Ladies over 40 year a total of 21.

Men over 40 year a total of 50.

Next year's championships will be from 31 January to 4 February in Ulricehamn, Sweden.

In summer/autumn 2023 and winter 2024, the cross-country power center and the Danish Ski Association will facilitate a number of camps across the clubs, both summer and winter. There will be roller ski camps, camps in ski halls for the autumn (Gothenburg and Thorsby), and gatherings on snow for next winter. All with a focus on both good training, but also participation in selected competitions.

A roller ski cup "Vest Cub" is also held throughout the year with 7 competitions.

Arne Stonor

Lillehammer, Norway, 21. August 2023