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## ANNUAL REPORT RUSSIAN AMATEUR SKI UNION (RASU) 2022

RASU held all the competitions of the 2022 winter season, which were included in our calendar plan

| Races                                       | Date       | Participants  | Place                           | Notes  |
|---|------------|---|---------------------------------|--|
| Masters Championship in Eastern Siberia     | Jan. 15-16 | 80 from 4 towns   | Baikalsk, Irkutsky region       | Distances C15, C10, C5 and F15, F10, F5  |
| Far East Region Region Masters Championship | Jan. 21-23 | 72 from 5 regions   | Arseniev, Vladivostoksky region | The pursuit race, taking into account the age coefficient, is very popular here. 42 men and 27 women took part in it |
| Moscow Masters Championship                 | Jan. 15-16 | 180 From Moscow and Moscow region                               | Moscow                          | Classic and free styles. 5 and 10 km   |
| Masters Championship of S.-Petersburg       | Jan. 29-30 | 120   | Saint-Petersburg                |  |
| Central and South Region Masters Cup        | Jan. 21-23 | 106 from 5 regions. 10 Masters of sports of the USSR among them | Gubkin, Belgorodsky region      | 13-14 participants were in groups M2-M5  |
| Volga Region Masters Championship           | Jan. 28-30 | 105 from 6 regions  | Joshkar-Ola Republic of         | A wonderful tour of the amazing  |

|  |            |   |  |   |
|--|------------|---|--|---|
|  |            |   | Mari El  | town on a rest day  |
| Ural Masters Cup   | Feb. 15-17 | 125, including 28 women   | Novouralsk Sverdlovsky reg.  | 10, 5, 3 km classic style and free style  |
| Siberia Masters Championship   | Feb. 23-26 | Only 88 from 7 regions (8 teams)<br>I place –Omsk team<br>II place – Altay team<br>III place Seversk team | Omsk<br><i>Program: 5, 10 km-classic style, 5, 10, 15 free style and mixed relay</i> | Mixed relays (1 woman and 2 men) in 3 classes.<br>1 class -0-3 gr.,<br>2 class – 4-6 gr.,<br>3 class-7 gr and older |
| <b>II All-Russian Winter Games among amateur athletes (5 sports including skiing) in</b> | Feb. 09-13 | 340 skiers from 37 region of Russia   | Izhevsk Udmurtia Republic  |   |

### **Program of the ski event of II All Russian Winter games among amateur athletes**

**Febr. 10** 1 day Classic style M0-M6 -10km, M7-M10, F0-F8 – 5 km, M11, F9-F11 -3 km

**Febr., 11** 2 day: *Free style*. M0-M6 – 15 km, M7-M10, F0-:8 – 10 km, M-11, F9-F12 – 3 km

**Febr. 12** 3 day. Relay (the team races),

Men 4 x 5 km: 2 stages – *classic style* 2 stages – *free style*. Women – 3 x 3 km: 1 stage – classic, 2 and 3 stages – free style

1 class Age groups from 1 to 4 11 teams

2 class Age groups from 5 and older 7 teams

**Febr. 13** 4 day. *Classic style*. M0-M6 – 20 km, M7-M9, F0-F8 10 km, M10-M11, F9-F12 – 5 km

### **Our activity during the summer-2022**

For the first time, we received a Grant from the Ministry of Sports to hold summer competitions (cross-country and roller skis) in 43 regions of Russia. This is the implementation of the Russian project "Sport is the norm of life". This work is new for us and requires a lot of effort from us. We hope that we will cope with it.

I would like to note that we have begun to receive support from the Ministry of Sports for holding the Russian Masters Championship over the past 2 years. Regional

sports departments have begun to support amateur athletes, not all of course. But we are glad of these developments.

The meeting of the RASU Executive Committee was held on June 4. We discussed the Calendar plan for 2022. The Russian Masters championship will be held in the end of February in Zlatoust in Chelyabinsky region (South of Ural). We would like to invite skiers from Belarus and Kazakhstan to take part in these competitions

Of course, our skiers would like to take part at the MWC in Seefeld. However, our team's participation in MWC-2023 is unlikely. European society does not want to see athletes, tourists and people from Russia, We invite athletes from all countries to visit us, and we hope that obtaining visas to Russia will be easy, and perhaps they will soon be canceled for many countries.

Guys, let's live together. We'll be friends. The world can become better only through love and friendship and mutual understanding

President of RASU

Vitaly Kurochkin

Vice-president of RASU

Maya Chernenkaya